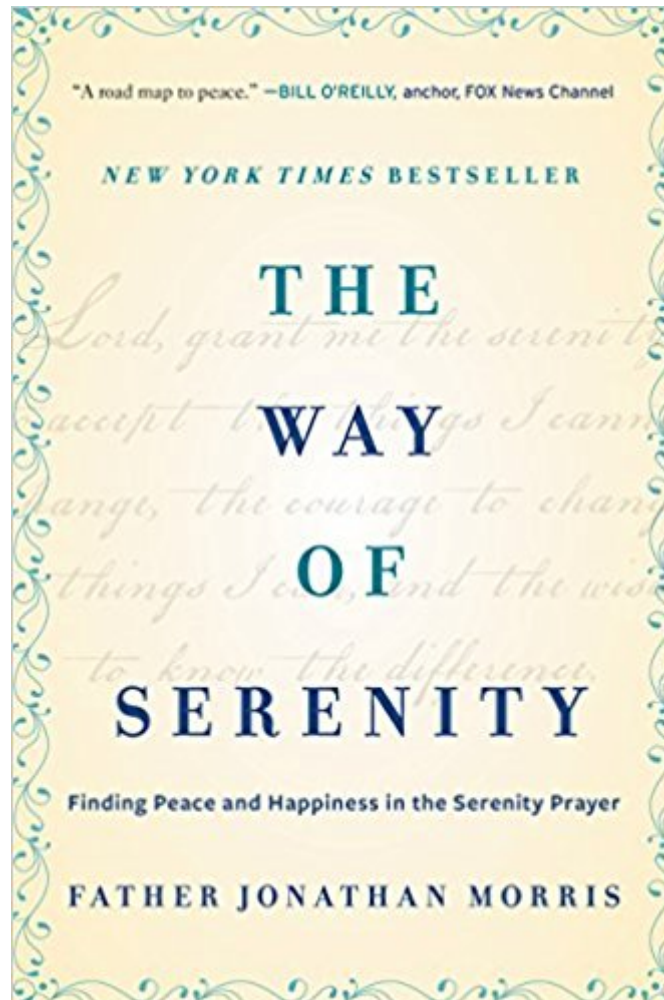




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# **The Way Of Serenity: Finding Peace And Happiness In The Serenity Prayer**



## Synopsis

FOX News religion analyst, program director of the Catholic Channel on SiriusXM radio, and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone, not just those in recovery programs. The Serenity Prayer states: Lord, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference. Exploring the prayer phrase by phrase, Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message. Enlightening and profound, *The Way of Serenity* includes moving narratives, illuminating historical anecdotes, and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness.

## Book Information

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## Customer Reviews

• Father Jonathan Morris explores the richness and depth contained in the seemingly simple Serenity Prayer, and helps show how we can begin to discern God's will in our lives as well as how to cooperate with Him! Profound truths presented in an engaging and down to earth style. • (Timothy Cardinal Dolan, Archbishop of New York) • For believers, *The Way of Serenity* provides a roadmap to peace. For non-believers, Father Morris provides a deep incentive to consider the other side. • (Bill O'Reilly, Anchor, Fox News Channel) • Rarely in the world of spirituality, do you find smart and compassionate, worldly and sensitive, profound, accessible...and practical! That's what Father Jonathan Morris has done for people of all Christian backgrounds in *The Way of Serenity*. • (Kirsten Powers, Columnist, USA Today and The Daily Beast) • Father Jonathan has

captured the simplicity and the mystery of both surrendering and actively pursuing the peace and joy that serenity provides. Just the right book at just the right time for people no matter in which season of their life they may be.â (Dana Perino, co-anchor of The Five, Fox News)â Every leader meets countless challenges in our lives that cause us great stress. In *The Way of Serenity*, Father Morris teaches us a practical way to patiently and wisely discern what we can and cannot do and how to find peace as we give the responsibility to God.â (Alan Sears, President and CEO of Alliance Defending Freedom)â With vivid writing and engaging personal stories, Father Jonathan Morris unpacks the wealth of wisdom contained in the simple Serenity Prayer. *The Way of Serenity* is a lifeline for anyone who has ever felt lost and overwhelmed.â (Jennifer Fulwiler, author of *Something Other than God*)â Jonathan Morris is an unusual priest, not just because heâs become the celebrity go-to priest for Fox Newsâ | and because *The Way of Serenity* will debut on The New York Times bestseller list. Heâs unusual because so many priestsâs sermons ignore whatâs happening in the world.â (Crux)â This is a book that can make a difference, one day at a time.â (The Dubious Disciple)â For a conversation about faith with a warm, thoughtful, big-hearted man of God, *The Way of Serenity* was satisfying.â (Guideposts Magazine)â In *The Way of Serenity*, Father Jonathan Morris examines the appeal and value of the popular âSerenity Prayer,â â | [sharing] some profound insight about the simple three-line prayer.â (Catholic San Francisco)

Father Jonathan Morris, Fox News religion analyst, bestselling author, and parish priest, has seen firsthand how easily our day-to-day lives are consumed with anxiety and stress as we focus on our failures and troubles, while peace feels unattainable. When he re-discovered the Serenity Prayer, he realized that this little prayer can be, in fact, a powerful roadmap for our spiritual journey toward God. As he began to share this prayer with others, he saw that living these simple lines became a source of profound peace and happiness: Lord, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference. For years a mainstay of recovery programs, this prayer has proven it can change lives. Whatâs more, through it we all can find comfort and support, including an active collaboration with Godâs grace as he works alongside us to grant the serenity we seek. Unpacking the prayer phrase by phrase, Father Jonathan shows how we can gain a deeper spiritual understanding by practicing its message. Through powerful personal stories, illuminating historical anecdotes, and biblical passages that show us Godâs plan for our lives, *The Way of Serenity* will help us grow closer to God and find serenity, regardless of our circumstances. Join Father Jonathan and the many

others who have made this prayer an integral part of their lives, and find lasting peace and happiness today.

My far from religious, thirty year old son, introduced me to "the Promise". Needless to say, I was surprised, no shocked, when I saw it was written by a priest! Then he read "God Wants You Happy"! As I enjoyed both books, I ordered the Serenity book without his recommendation. It is my favorite. It was hard to put down, as it just flowed with comforting thoughts. I will be rereading it many times over the years. Fr spends much time on achieving serenity, and has great suggestions. I have ordered a copy of this book as a Christmas gift, for a friend going through hard times, as I am sure it will help. Unfortunately, my son is still not a church-goer, but that he likes Fr.'s books shows their appeal to those who are not practicing a faith. For an easy to understand, but thoughtful book, I feel this book could be recommended to anyone. I will find out if my son has bought this one yet, if not, I will be back for another.

What is the serenity prayer, and what does it mean in my life? Like so many simple passages taken from great books or verses of faith, the simple prayer is far deeper than it seems. Morris's book takes you along a path looking into the scope that it entails and the many people it can touch. Like his other books, his warm tone feels like a discussion with a good friend, rather than dictation of the faith. This book should not be limited to just the people of faith, as its contents touch on so much more than that. Compassion. Inner strength. Wisdom. All things that anyone could use more of. With the pressures of modernity at every side, looking back into ourselves to find our inner strengths and vulnerabilities, our character, and even our faith is a compelling reason to read this book. This insightful book may just strike a chord in you, as it did me.

It is a beautiful prayer about the Serenity Prayer that so many people struggle with during life. Fr. Jonathan is a wonderful writer and it brings the prayer to life with specific and current examples.

Read this through the first day with highlighting to go back for daily devotions - so enchantingly simple delivery of such profound spiritual principles! Worth the read no matter what your denomination!

The Serenity Prayer, for a long time, has been a prayer that brings me peace. I appreciated reading Farther Morris' deeper explanation of the prayer's sections. I highlighted numerous phrases within it.

I hope he writes a sequel to it, which is the remainder of the prayer:... "Living one day at a time; enjoying one moment at a time;Accepting hardship as a pathway to peace;Taking, as Jesus did, this sinful world as it is,not as I would have it:Trusting that you will make all things rightif I surrender to your will;that I may be reasonably happy in this lifeand supremely happy with you forever in the next."

This book highlights a recipe for true happiness ; a platform for spiritual growth that is practical . The author uses examples from real life as a means to illustrate his points. It is thorough in exploring the Serenity prayer as one of the most efficient means of living your life for both your own happiness here on earth, and for all eternity. It is well written in a style that makes you want to read it.

I have said the Serenity Prayer since I was young. It has helped me over some rough spots in my life. It has given me peace when life was in upheaval and I appreciate Father Morris for giving more insight into this powerful prayer. He has been able to explain the way to view this prayer and the way to give it more power to help you in times of stress. Thank you Father Morris. Keep up your great work of explaining the difficult things in such a way that we can all understand it.

Hi - it's funny I was just thinking of reviewing this item when I got the email asking if I'd review it! I was really disappointed. I hate to give less than positive reviews but the book has nothing to do with the prayer and it goes into the author's personal life a lot. In fact, I disagree with some of his views and I'm not sure I'm going to finish the book. I didn't find it inspirational. I'd finish a chapter and not remember what I'd read. I wanted to like it. Oh well.

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